## November 2023



| Sunday | Monday | Tuesday                                      | Wednesday   | Thursday   | Friday | Saturday |
|--------|--------|--|---|--|--------|----------|
| 29     | 30     | 31   | 1<br>Shalamar Gardens<br>2:15 Program<br>Overview   | 2  | 3      | 4        |
| 5      | 6      | 7<br>Village Connect<br>Support Group 6-730  | 8 Arlington Senior Center - gratitude activity 11am | 9  | 10     | 11       |
| 12     | 13     | 14   | 15  | 16<br>Fremont Friendship Center-<br>Gratitude activity 10am<br>Senior Connect at SLS 2pm | 17     | 18       |
| 19     | 20     | 21<br>Village Connect<br>Support Group 6-730 | 22  | 23   | 24     | 25       |
| 26     | 27     | 28   | 29  | 30   | 1      | 2        |
| 3      | 4      | Notes  |   |  |        |          |