

# COVID-19

The health care community in Omaha and the surrounding areas have been working diligently to have practices and procedures in place to keep our communities safe. We are fortunate to have such strong health care systems available as we face this ever evolving situation.

There are several resources available to the community including hotlines for more information, website and phone screening options for those who have concerns about COVID-19, as well as online educational tools.

Please remember:

- If you are sick stay home – this goes for visits to hospitals or emergency departments
- Emergency departments are for those with serious health conditions – not the sniffles
- Self-screening is important - If you have experienced any of the following, contact your primary care provider.

**Coronavirus (COVID-19) exposure**

**Fever**

**Cough**

**Shortness of breath**

## **COMMUNITY HEALTH CARE RESOURCES**

Department of Health and Human Services:

Website: <http://dhhs.ne.gov>

Three Rivers Public Health Department (Dodge, Saunders and Washington Counties)

<https://threeriverspublichealth.org/>

402-727-5396 or 866-727-5396

Dial 211 - Information helpline and website for essential information concerning health and human services

Memorial Community Hospital and Health System

Website: [www.mchhs.org](http://www.mchhs.org)

CHI Health

Website: [www.Chihealth.com](http://www.Chihealth.com)

OrthoNebraska:

Website: <https://www.orthonebraska.com/covid-19/>

Phone: (402) 609-2600

Email: [Info@OrthoNebraska.com](mailto:Info@OrthoNebraska.com)

Methodist Health System:

Coronavirus (COVID-19) Hotline: 402-815-SICK (7425)

Website: <https://www.bestcare.org/covid-19/>

Children's Hospital & Medical Center:

Website: [ChildrensOmaha.org/COVID](http://ChildrensOmaha.org/COVID)

## **OTHER HELPFUL RESOURCES**

Center for Disease Control (CDC) - [www.cdc.gov](http://www.cdc.gov)

World Health Organization (WHO) - [www.who.int](http://www.who.int)